

September

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2009

October

Sun

Mon

Tue

Wed

Thu

Fri

Sat

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Meeting @ MHS
2:45-3:15 room 251

Meeting @ SHS 2:45-
3:15 in cafeteria

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Meeting @ MHS
2:45-3:15 room 251

Meeting @ SHS 2:45-
3:15 in cafeteria

2009

November

<i>Sun</i>	<i>Mon</i>	<i>Tue</i>	<i>Wed</i>	<i>Thu</i>	<i>Fri</i>	<i>Sat</i>
1	2	3	4	5	6	7
8	9 First Day of Practice 3:30-5:45 @ BRMS	10 Practice 3:30-5:45	11 Veterans Day No School Practice 9am-noon	12 Practice 3:30-5:45	13 Practice 3:30-5:45	14 Practice 9am-noon
15	16 Practice 3:30-5:45	17 Practice 3:30-5:45	18 Practice 3:30-5:45	19 Practice 3:30-5:45	20 Practice 3:30-5:45	21 Weight Class Certification
22	23 Practice 3:30-5:45	24 Practice 3:30-5:45	25 Practice 9-noon Thanksgiving Break	26 No Practice Thanksgiving Day	27 Practice 9-noon Thanksgiving Break	28 Practice 9-noon
29	30 Practice 3:30-5:45					

2009

December

Sun

Mon

Tue

Wed

Thu

Fri

Sat

1

Practice 3:30-5:45

2

Schroeder @ MHS
JV 6pm V 7pm

3

Practice 3:30-5:45

4

Practice 3:30-5:45

5

Varsity @Cato
Meridian Duals
JV Practice 9am-noon

6

7

Practice 3:30-5:45

8

Practice 3:30-5:45

9

Pittsford @ Penfield
JV TBA V 7pm

10

Practice 3:30-5:45

11

Practice 3:30-5:45

12

JV @ Cal-Mum
Tourney
V Practice 9am-noon

13

14

Practice 3:30-5:45

15

Practice 3:30-5:45

16

Canandaigua @ MHS
JV 6pm V 7pm

17

Practice 3:30-5:45

18

Practice 3:30-5:45

19

JV @ Penfield JV
Tourney
V @ Corning Duals

20

21

Practice 3:30-5:45

22

Practice 3:30-5:45

23

Pittsford @ Thomas
JV TBA V 7pm

24

No Practice

25

No Practice

26

Practice 9am-noon
Olympic Games

27

28

Practice 9am-noon

29

Practice 9am-noon
JV only

30

Practice 9am-noon

31

Practice 9am-noon
Varsity Only

2009

January

Sun

Mon

Tue

Wed

Thu

Fri

Sat

1

Practice 9am-noon
Varsity Only

2

Varsity @ UE Duals

3

Varsity @ UE Duals

4

Practice 3:30-5:45
JV Only

5

Practice 3:30-5:45

6

Pittsford @ Fairport
JV/V 7pm side by
side

7

Practice 3:30-5:30
No Varsity Practice

8

Practice 3:30-5:45

9

JV @ Schroeder
Duals
V Practice 9am-noon

10

11

Practice 3:30-5:45

12

RH @ MHS
JV 6pm V 7pm

13

Practice 3:30-5:45

14

Practice 3:30-5:45

15

Practice 3:30-5:45

16

Varsity @ South Jeff.
Duals
JV @ Victor Duals

17

18

Practice 9-noon
MLK Jr. Day

19

Practice 3:30-5:45

20

Practice 3:30-5:45

21

Practice 3:30-5:45

22

Monroe County
Tourney @ Schroeder

23

Monroe County
Tourney @ Schroeder
JV Practice 9am-noon

24

25

Regents week
Practice 3:30-5:15

26

Regents week
Practice 3:30-5:15

27

Regents week
Practice 3:30-5:15

28

Varsity vs. Geneseo
@ MHS 7pm
Regents week

29

Freshman/JV County
Tournament
Regents week
Practice 3:30-5:15
Varsity Only

30

Freshman/JV County
Tournament
Varsity @ HFL 9am

31

2010

February

<i>Sun</i>	<i>Mon</i>	<i>Tue</i>	<i>Wed</i>	<i>Thu</i>	<i>Fri</i>	<i>Sat</i>
	1 Practice 3:30-5:15	2 Practice 3:30-5:15	3 Practice 3:30-5:15	4 Practice 3:30-5:15	5 Class AA Sectionals	6 Class AA Sectionals
7	8 Practice 3:30-5:15 Varsity Only	9 Practice 3:30-5:15 Varsity Only	10 Practice 3:30-5:15 Varsity Only	11 Practice 3:30-5:15 Varsity Only	12 State Qualifiers	13 State Qualifiers
14	15 Practice TBA Varsity Only February Recess	16 Practice TBA Varsity Only February Recess	17 Practice TBA Varsity Only February Recess	18 Practice TBA Varsity Only February Recess	19 Practice TBA Varsity Only February Recess	20 Practice TBA Varsity Only February Recess
21	22 Practice 3:30-5 Varsity Only	23 Practice 3:30-5 Varsity Only	24 Practice 3:30-5 Varsity Only	25 Practice In Albany Qualifiers Only	26 NYS Championships	27 NYS Championships
28						

2010